

# DON'T SPREAD GERMS - WASH YOUR HANDS!

## 6 Steps to Flush Germs Down the Drain



WET



SOAP



WASH  
FOR 20 SECONDS



RINSE



DRY



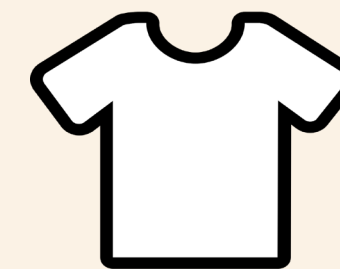
TURN OFF WATER  
WITH PAPER TOWEL

## STOP GERMS!



**DON'T TOUCH  
YOUR MOUTH**  
That's how germs  
get in your body and  
make you sick

**KEEP FOOD AND  
DRINK OUT OF  
ANIMAL AREAS**  
Including sippy cups,  
bottles, and pacifiers



**CLOTHING  
AND SHOES**  
Change your clothes  
and leave shoes at the  
door when you get  
home. Germs can "hitch  
a ride" on clothing and shoes.

*Kids under five, senior citizens, pregnant women  
and those with underlying medical conditions  
are at higher risk for more serious infections.*

